

Easy-Riding Routes in Nashville

Nashville is a bike-able community!

Easy-Riding Neighborhoods – Nashville has many areas full of low-traffic streets that are conducive to easy, comfortable cycling, called “easy-riding neighborhoods” (in light brown). In them, you can cycle around on your leisure on any of the grey roads.

What is the Groove? Nashville also has many easy-riding routes, called “The Groove,” that interconnect all these neighborhoods within five miles of the Downtown district. The Groove routes are organized into two main loops (in brown), with corresponding cut-throughs and off-shoots (in orange). The Groove makes it possible for cyclists of all skill levels to comfortably bike to and from parks, schools, workplaces, attractions and hot spot business districts.

Color Key

- with bike lane
- shared road
- with bike lane
- Greenways
- The 26-mile Music City Bikeway route
- Traffic arteries
- Non-Groove roads with bike lanes
- Hot Spot Business Districts
- Campus/Institutions
- Attractions/Public Facilities
- Free GreenBike Locations
- Bike Shops
- Venues
- Parking Lots

Main Loops

Off-shoots and Cut-throughs

Greenways and other off-street paths are shown in green.

The 26-mile Music City Bikeway route

Major Traffic Arteries

Traffic arteries with bike lanes that may be desirable for speedy bicycle commuting, but may be uncomfortable for the casual cyclist.

Bike-Share is coming to Nashville!

Rent a bike at any station & ride!



Conceived and Designed by Informing Design, Inc.

Karl Dean, Mayor

The Nashville Bicycle & Pedestrian Advisory Committee

NASHVILLE BPAC

Advisory Committee

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the Nashville Groove

www.Nashville.gov/bpac/bicyclemap

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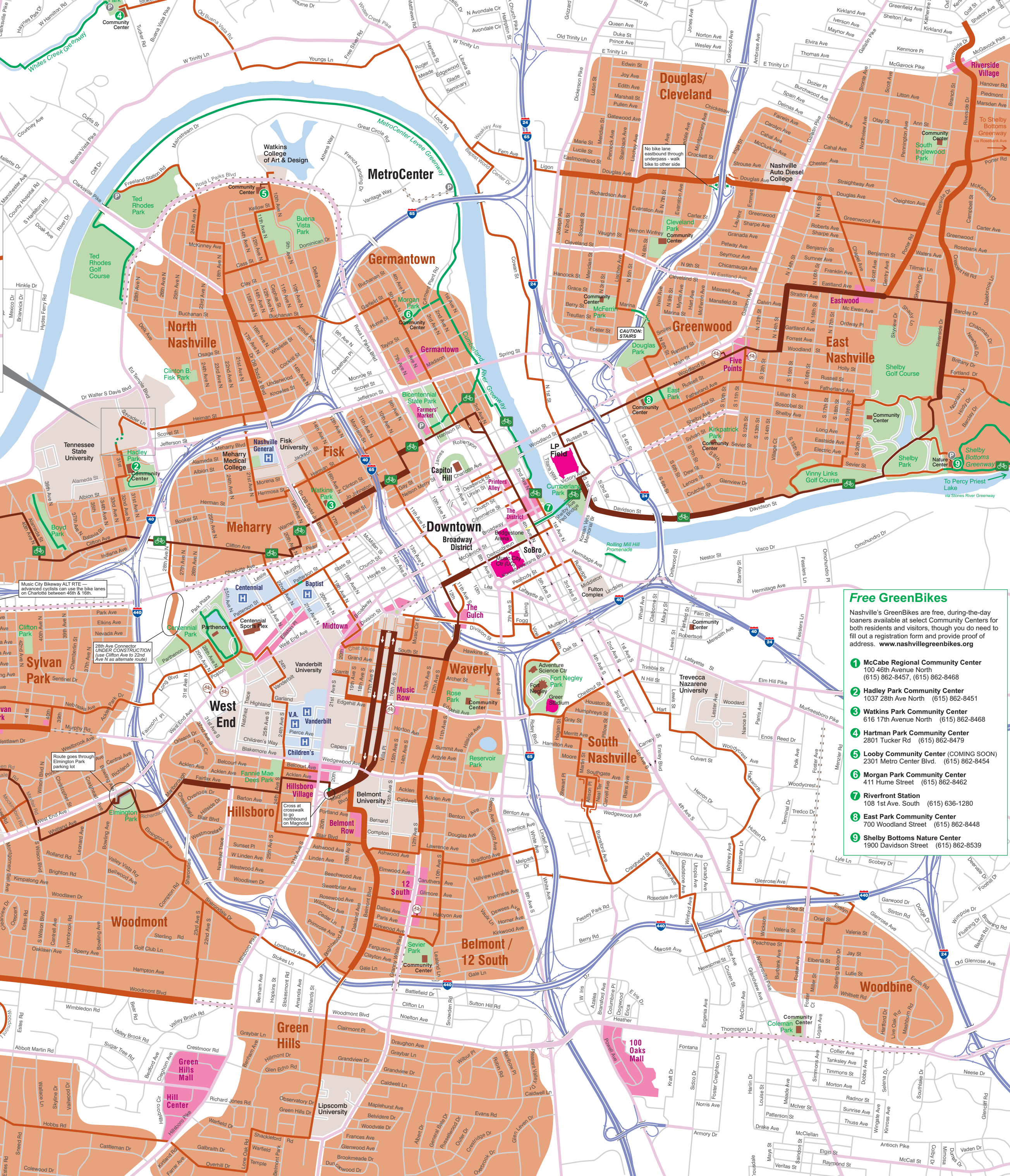
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MOVING IN HARMONY

MUSIC CITY SHARES THE ROAD

Moving in Harmony is an educational campaign to increase pedestrian, bicyclist and motorist safety on Nashville streets.

www.nashvitality.org/movinginharmony

Bicycling Tips

- Be Seen**
- Make eye contact with motorists when turning or moving into lanes.
 - Wear bright or reflective clothing.
 - Use a front light and rear reflector at night.
 - Use hand signals when turning.
- Be Heard**
- Alert pedestrians or other cyclists when passing, i.e. “on your left”.
- Ride Steady**
- Be predictable when riding. Use bike lanes when available.
 - When riding in a vehicle lane, stay as far to the right as is reasonable and safe, although:
 - Keep an arm's length distance from the side of the road to avoid debris;
 - Ride far enough to the left (either in a bike lane, or on the road) that you won't run into a car door that's opened unexpectedly.
 - If it is too scary to make a left turn on a busy road, pull over to the side, dismount and cross as a pedestrian.
 - Avoid riding between or along the right side of cars waiting in traffic – simply wait your turn in line.
 - Watch for turning cars. Be especially cautious at intersections, where most crashes occur.

Bicycling Law

- Bicyclists count as traffic, so traffic laws apply to you, too. Here are some highlights:
- Helmets – required for those 16 and younger (but strongly recommended for everyone, all of the time).
 - Lights – starting at dusk, a front white light and rear red reflectors are required, but lights in back are also highly recommended.
 - Ride in the same direction as motor vehicle traffic.
 - Obey stop signs and traffic signals.
 - Have functioning brakes.
 - It is not recommended for adults to ride bikes on the sidewalk, and it is illegal downtown. If riding on the sidewalk, always yield to pedestrians.
 - Riding side by side is permitted, but no more than two cyclists abreast.
 - Speed Limits apply to bicyclists. The Greenways' speed limit is 15 mph.
- For Motorists:**
- It is required by law to keep at least a **three foot clearance** when passing a cyclist. Motorists cannot use bike lanes at any time, and may not use the bike lane to pass a left turning vehicle.
- Bike Lanes**
- Bike lanes (marked with the bike symbol) are for cyclists only. Watch out for motor vehicles parking or turning into these lanes.
- Sharrows**
- Shared Roadway Bicycle Markings, or Sharrows, are intended to alert other road users to expect bicyclists to occupy travel lanes, and to help bicyclists position themselves away from parked cars to avoid being struck by suddenly opened car doors.
- “Shared Road” Roadways**
- The “Shared Road” bike routes indicated on this map are roadways without marked bike lanes but are typically in low-traffic areas that are conducive to less congested, more comfortable cycling.

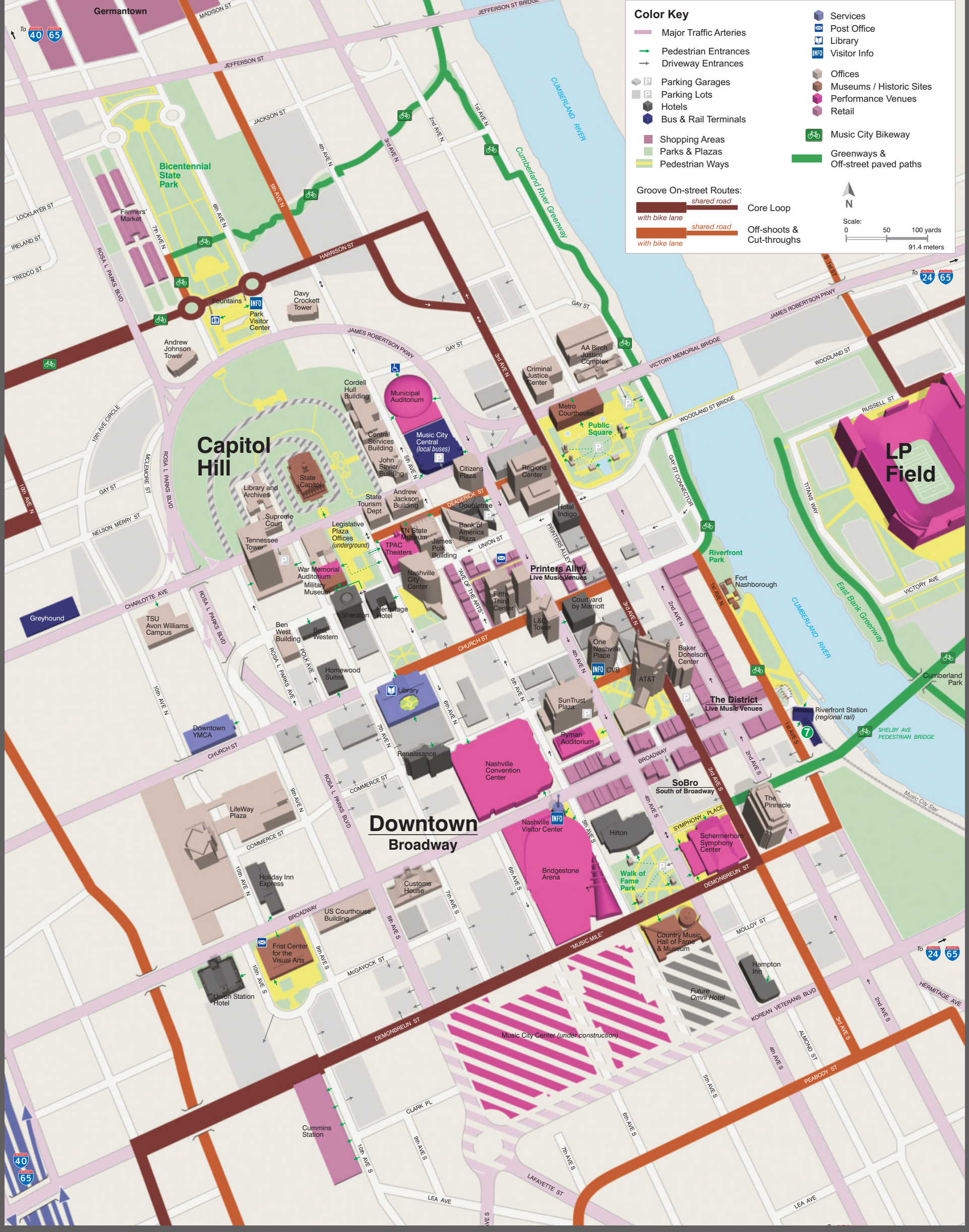
Free GreenBikes

Nashville's GreenBikes are free, during-the-day loaners available at select Community Centers for both residents and visitors, though you do need to fill out a registration form and provide proof of address. www.nashvillegreenbikes.org

- 1 McCabe Regional Community Center
100 46th Avenue North
(615) 862-8457, (615) 862-8468
- 2 Hadley Park Community Center
1037 28th Ave North
(615) 862-8451
- 3 Watkins Park Community Center
616 17th Avenue North
(615) 862-8468
- 4 Hartman Park Community Center
2801 Tucker Rd
(615) 862-8479
- 5 Looby Community Center (COMING SOON)
2301 Metro Center Blvd.
(615) 862-8454
- 6 Morgan Park Community Center
411 Hume Street
(615) 862-8462
- 7 Riverfront Station
108 1st Ave. South
(615) 636-1280
- 8 East Park Community Center
700 Woodland Street
(615) 862-8448
- 9 Shelby Bottoms Nature Center
1000 Davidson Street
(615) 862-8539

The Metro Government of Nashville and Davidson County and its representatives do not assume liability for bicyclists traveling upon routes shown in this map. Cyclists should use caution and obey the rules of the road when riding on public roads. Many of these rides occur on narrow roads without shoulders. Safe route selection includes consideration of motor vehicle, bicycle, and pedestrian traffic and roadway or route conditions, their level of experience, comfort level riding in traffic, weather, time of day, and any potential hazards. Potential hazards include, but are not limited to, pavement patches, railroad tracks, utility covers, survey monuments, potholes, and reckless or intoxicated motorists, which are commonly found on public streets. Accordingly, route users should maintain a vigilant lookout for these and other conditions and irregularities. Users of this cycling map are responsible for their own safety and use these routes at their own risk.

Downtown Detail



Bicycling Resources

NASHVILLE BPAC
Bicycle & Pedestrian Advisory Committee

Nashville's goal of becoming a bicycle- and pedestrian-friendly city. www.nashville.gov/mayor/bpac

Walk/Bike Nashville is a thirteen year old organization dedicated to making "active transportation" an option for Nashvillians. www.walkbikenashville.org

The Nashville Bike Alliance is a Bicycling Advocacy Group. www.nashvillebikealliance.org

MUSIC CITY
Bicycle

The Music City Bikeway is a continuous 26-mile bicycle route stretching from Percy Warner Park in southwestern Davidson County to Percy Priest Dam in far eastern Davidson County. www.nashville.gov/pw/projects/Music_City_Bikeway.asp

GREENWAYS
Nashville

Nashville's Greenways include over 46 miles of linear parks across Nashville. www.nashville.gov/greenways

NashVitality

This is Nashville's livability website that represents the spirit of a healthy, active and green city. www.nashvitality.org

Nashville MTA

MTA is Nashville's public transit system with bike racks on all its buses. www.nashvillemta.org

Tennessee Department of Transportation

Bicycle Routes can be found at: www.tdot.state.tn.us/bikeped/routes.htm